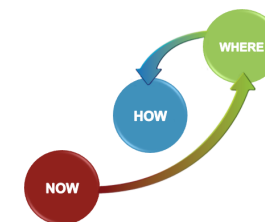




One Page Plan

Project title: Building empathy
 Date: May 2020
 Version: 2.0
 Project Leader: John Huigen

Notes



NOW
<p>Back working in earnest in the hearing space</p> <p>While having an annoying mild hearing loss and more annoying tinnitus, don't really have a FEELING of how difficult it would be to have a significant hearing condition</p> <p>I need this to be more real, authentic and better at my work being leadershipful in this space</p>

WHERE	What does success look like (measure)	By.. (date)
<p>Short-term</p> <p>A greater sense of empathy</p> <p>Some feelings and experience of what it like to navigate life with a hearing condition</p> <p>Greater understanding of what others think and feel when 'confronted' by openness about hearing condition</p>	<p>A good set of experiences</p> <p>A good number of conversations</p>	<p>July 2020</p>
<p>Longer-term (The Ultimate WHERE)</p> <p>A really strong and clear understanding and experience of the feeling and consequences of living with a hearing condition</p>	<p>Empathy</p> <p>Heightened understanding</p>	

How Strategies for getting there... (the approach)
<ul style="list-style-type: none"> • Run a number of 'thought experiments. • Be vocal about my own hearing loss and (perhaps over-) state my needs so that I can be fully included in conversations etc. • Monitor others' responses. Reflect. Learn. • Get into discussions about my hearing loss and explore with whoever will participate. Learn!

Actions	Who?	By (date)
1. Be alert to opportunities to apply strategy		
2. Reflect on the experiment with buddy and anyone who will engage with it		
3.		
4.		
5.		
6.		

The team...		
Role	Responsibility (who?)	Accountable for...
Accountability buddy	Anna (wife)	Keeping me honest, helping to reflect